

Decoding how technology influences and can improve public health



SMS USA PHASE THREE BETA TEST: INFORMED CONSENT

You are one of 12 young adults invited to take part in a beta test. We have designed a program that sends young adults text messages every day for 6 weeks. The messages are aimed at helping the person quit smoking. The purpose of the overall research study is to determine if this text messaging program helps smoker to quit smoking. This study is sponsored by the National Institutes of Health.

In this beta test, we are asking you to test out the text messaging program. This study will last for one week. You will receive text messages everyday from the study. You also will be matched with a "text buddy" – this is someone also in the beta test who you can text message for emotional support. We ask you to send at least two text messages to your text buddy every day. Also, we will ask you to send text messages to the study several times during the week to test our "text crave" function, which will automatically send a text message back to you. When the week is over, we will schedule a one-on-one interview with you to talk about your experience and identify areas for improvement in the program.

There are no risks or benefits to participating in this beta test. Upon completion of the tasks above, you will receive \$30. Your responses will be stored in the password protected computerized data programs of the researchers for three years. Your information will be identified by an ID number and not your name as to keep your participation and responses confidential to the maximum extent allowable by law.

Your participation is voluntary. You are free to choose not to take part. You can drop out of the beta test at any time. Your complete participation during the entire beta test, however, will help us learn about what is and is not working in the program.

Your name and address will be kept separate from your feedback. Findings will be reported only for the whole group. Your individual results will not be reported.

If you have any questions about this beta test, please ask them now. Do you consent to participation in this study?

If you have any questions about this study, such as scientific issues, how to do any part of it, or to report an injury, please contact the project manager by email tonya@isolutions4kids.com or call 1877.302.6858, ext. 806. If you have any questions or concerns about your role and rights as a

research participant, would like to obtain information or offer input, or would like to register a complaint about this research study, please contact, anonymously if you wish, the Study Subject Adviser at Chesapeake Research Review, Inc., by email at adviser@irbinfo.com. The adviser can be contacted by calling collect at 410-884-2900.

You indicate your voluntary agreement to participate in this research and have your answers included in the data set by participating in this product test.