

Decoding how technology influences and can improve public health



SMS USA PHASE THREE BETA TEST: 1:1 INTERVIEW GUIDE AT BETA TEST END

- 1. First, some questions about the 'process':
 - a. What are your thoughts on the number of messages you received per day?
 - b. What are your thoughts on the times of day that you received the text messages?
- 2. Now some questions about the text messages specifically:
 - a. What did you think about the overall tone?
 - b. Is there one text message that sticks in your mind as particularly helpful?
 - c. Is there one that sticks in your mind as being particularly <u>un</u>helpful?
- 3. The following questions specifically pertain to the Quit week messages:
 - 1. How much do these messages speak to what people go through on their quit day?
 - 2. What are things not talked about in the text messages that you think are critical on your Quit Day to hear?
- 4. Great. Thanks for that. Also, we want to know about how the other program components worked for you:
 - a. How did the text buddy work for you?
 - b. How were the 'text crave' messages? If you were craving a cigarette, do you think you would find them helpful?
- 5. Now more generally:
 - a. What did you particularly like about the SMS program?
 - b. What is one thing that you think is critical for us to improve?
 - c. Is there anything else that we haven't talked about that you'd like me to know about your experience with the SMS USA program this week?