

Decoding how technology influences and can improve public health



SMS TURKEY PHASE TWO ONE-ARM TRIAL: 4 WEEK FOLLOW-UP SURVEY

	Since your quit date, have you smoked, even just a puff? No, not even a puff1					
	Since the day I quit, I smoked 1-5 cigarette:					
	Since the day I quit, I smoked more than 5					
	2. Have you smoked (even a puff) within the last	week (7 da	ys)?			
	No, not even a puff					
	1-5 cigarettes					
	More than 5 cigarettes			3		
	Currently, how many cigarettes do you smoke	on average	per day?			
	cigarettes					
				Neither		
		Very		agree		Very
		strongly	Somewhat	nor	Somewhat	strongly
		disagree	disagree	disagree	agree	agree
3.	Cebiniz Bırakın Diyor made it easier to quit smoking.					
4.	Cebiniz Bırakın Diyor disrupted my daily schedule.					
5.	I received too many text messages every day.					
6.	The text messages were easy to understand					
7.	The text messages talked about what I was feeling and experiencing.					
8.	I stopped reading the text messages by the end of the program.					
9.	Without Cebiniz Bırakın Diyor, I would have not have been able to try to quit smoking.					

	d you be to recommend to your friends that they use Cebiniz Bırakın Diyor to				
quit smoking?					
1	Very unlikely				
2	Somewhat unlikely				
3	Neutral				
4	Somewhat likely				
5	Very likely				
11. Overall, how would you rate the Cebiniz Bırakın Diyor program?					
1	Dislike very much				
2	Dislike somewhat				
3	Neither like nor dislike				
4	Like somewhat				
5	Like very much				
12. Is there one text message that you received that was <u>more</u> helpful than the others?					
13. Is there one tex	t message that you received that was <u>least</u> helpful than the others?				
14. Do you have an	y suggestions for ways to improve Cebiniz Bırakın Diyor?				