

## CYBERSENGA PHASE NINE ONE-ON-ONE ADULT INTERVIEWS: DISCUSSION GUIDE FOR ADULTS WORKING WITH ADOLESCENTS

*We have heard from professionals who work with adolescents that it might be useful to have a program developed for professionals and is aimed at giving them skills to talk with adolescents about HIV and AIDS, and sex.*

1. Tell me about how you use the internet in your daily life?
  - (a) How often do you use internet? (*Do use the Internet at home? Do you use the Internet at work? Do you use the Internet other places? In a typical week, on how many days do you go online?*)
  - (b) How about text messaging? (*How often do you use text messages on your phone? When was the last time you sent a text message? How many text messages do you typically receive in a day?*)
2. Given the way you use these technologies, how likely would you be able to use an HIV prevention program if it were available on the Internet?
  - (a) What if it were available through text messages that we sent to you daily?
  - (b) What if it were both Internet and text?
3. We have developed a program for adolescents. It is on the Internet only; and includes 5 lessons, an hour each, over five weeks. What are your thoughts on a similar structure for a program for adults working with adolescents? (*Would it be too long? Too short? What challenges do you see with this idea?*)
4. What if instead we were to develop a program that was sent to you via text messaging daily? Let's say we would send you 5-10 text messages a day for 6 weeks. Again, the content would be aimed at giving you skills to talk with adolescents about HIV and AIDS and sex. What do you like about this idea? What are some concerns that you have with this idea?
5. Another possibility would be to develop a program that is largely on the Internet, with additional information / reinforcement sent to your mobile phone via text messaging

throughout the week. What do you like about this idea? What are some concerns that you have with this idea?

6. Of these ideas we have discussed on developing a technology based program for adults working with adolescents on issues of HIV/AIDS and sex, what are your general thoughts?
7. Do you have any other ideas about ways we might be able to use technology to deliver a program for adults working with adolescents about HIV/AIDS and sexual health?