

**SMS TURKEY PHASE THREE  
RANDOMIZED CONTROLLED TRIAL (RCT): 4 WEEK FOLLOW-UP SURVEY**

1. Since your quit date, have you smoked, even just a puff?  
No, not even a puff ..... 1  
Since the day I quit, I smoked 1-5 cigarettes ..... 2  
Since the day I quit, I smoked more than 5 cigarettes ..... 3
  
2. Have you smoked (even a puff) within the last week (7 days)?  
No, not even a puff ..... 1  
1-5 cigarettes ..... 2  
More than 5 cigarettes ..... 3
  
3. Currently, how many cigarettes do you smoke on average per day?  
\_\_\_\_\_ cigarettes
  
4. How likely would you be to recommend to your friends that they use Cebiniz Bırakın Diyor to quit smoking?  
1 Very unlikely  
2 Somewhat unlikely  
3 Neutral  
4 Somewhat likely  
5 Very likely
  
5. Overall, how would you rate the Cebiniz Bırakın Diyor program?  
1 Dislike very much  
2 Dislike somewhat  
3 Neither like nor dislike  
4 Like somewhat  
5 Like very much
  
6. Is there one text message that you received that was more helpful than the others? [if yes, what text message?]
  
7. Is there one text message that you received that was least helpful than the others? [if yes, what text message?]

8. Did you receive too many text messages any time during the program? [if yes, when?]
9. Did you receive too few text messages any time during the program? [if yes, when?]
10. What would be the ideal number of text messages you would receive per day (after having gone through the program and so now have direct experience).
11. What would be the ideal timing of the messages? (response options: more in the morning, more in the evening, evenly spaced throughout the day, something else)
12. Do you have any suggestions for ways to improve Cebiniz Bırakın Diyor? [If yes, what?]