



Welcome! Thank you for your interest in the Growing up with Media study.

Before we begin, please read the following description of the study and your involvement carefully.

In 2016, you participated in the Growing up with Media Study. We are now asking you to take a second survey.

### Background/ Purpose

The purpose of the study is to better understand why some young people have healthy relationships while others have unhealthy relationships. Some of the questions we ask are sensitive and may be hard to think about. For example, we will ask you about experiences with violence you may have had in real life or seen in the media (like TV, the Internet, video games) including sexual violence, physical and verbal abuse, and other things that can happen in relationships. We will also ask you about things like drinking and smoking. Your answers will help researchers design programs that will help young people make healthy choices and live healthier lives.

### Procedures

Please be sure that you take the survey in a place that is private and where you feel safe. No one should be able to see your answers. No one should tell you what your answers should be. If other people are in the room, maybe think about taking the survey later when you are alone.

This survey will take about 35 minutes to complete.

You may also be contacted after you finish this year's survey to participate in a brief, optional interview.

We will contact you again 12 months from now to complete another survey.

### Incentives

We will email you a \$15 Amazon gift card when you finish this survey. If you would like, you may choose for us to send this \$15 to a charity instead.

### Risks and discomforts

It is possible that your privacy will be broken. For example, if someone sees your screen, this person may see your answers to the survey questions. To prevent this, try to take the survey when you are alone.

To further protect your privacy, try to do the survey on a device (like a laptop, tablet, or phone) that is private and in your control so that people will not be able to access your answers through your browser history.

It also is possible that a question in the survey will make you feel uncomfortable. If this happens, you can skip the survey question.

### Benefits

Your answers help us learn things that teens are doing so that we can help them live healthier lives. Your participation is valuable and very important.

### Rights of refusal and withdrawal

You can choose to be in the study. You can choose not to be in the study at any time. If you want to stop taking part in the study, please email us at [Michele@InnovativePublicHealth.org](mailto:Michele@InnovativePublicHealth.org).

You do not have to answer any question you do not want to for any reason. Your answers are important to us.

### Confidentiality

We will keep all of your answers private. We will not share your answers with your parents or anyone else outside of the research team. Your answers will be kept in a safe place. We will not link your responses to any personal information you provide. Your answers will only be reported along with other people's answers and will not be traced back to you.

To help us protect your privacy, we have a Certificate of Confidentiality from the National Institutes of Health. This Certificate means that we can keep your information private even if we get a court order telling us to share your information. We will use this Certificate to fight demands for your information unless you tell us you want us to share the information. But in the unlikely event that you tell us that you are being or have been abused, then under applicable law we may be required to report this information to the appropriate authorities.

### Questions and contact numbers

If you have questions about the study, or any concerns about the study questions, please contact:

Dr. Michele Ybarra toll-free at 1-877-302-6858 ext. 801 or [Michele@InnovativePublicHealth.org](mailto:Michele@InnovativePublicHealth.org).

If you have questions about your rights as a participant in this study, or if you feel that you have been harmed in any way by taking part in this study, please contact Advarra IRB:

- By mail:

Study Subject Adviser

Advarra IRB

6940 Columbia Gateway Drive, Suite 110

Columbia, MD 21046

- or call **toll free:** 877-992-4724
- or by **email:** [adviser@advarra.com](mailto:adviser@advarra.com)

Please reference the following number when contacting the Advarra Study Subject Adviser: Pro00004131. An IRB is a group of people who review research studies to protect the rights and safety of research participants.

If you feel very sad or upset after taking this survey, please talk to someone. You can:

- Call the National Mental Health Information Center for help finding a mental health professional in your area. Call toll-free at: 1-800-789-2647 or visit them online at <http://www.mentalhealth.org/>. The phone call and information are free.
- Call the RAINN (Rape, Abuse and Incest National Network) Hotline anytime at: 1-800-656-HOPE, or get help on their online hotline at <http://www.rainn.org/>.

If you are really upset right now or at any time, such as thinking about hurting yourself, we urge you to contact the National Suicide Prevention Hotline at: 1 800-273-TALK (8255).